### **STICK FISH PRE-SCHOOL**

# **BEHAVIOUR MANAGEMENT POLICY**

**AIMS**

* To provide a structure for positive behaviour management within sticky fish pre-school
* To provide flexibility in the responses of staff to children’s behaviour
* To provide a supportive framework for children and staff to manage behavioural issues
* To provide support to parents and carers regarding the management of their children’s behaviour

**Information**

It is important to consider the reasons why children might present certain types of behaviour, boredom, feeling unsettled or unhappy, not feeling listened to, an un-stimulating play setting, and medical reasons for example.

We regard rough and tumble play and play that has aggressive themes, such as superhero and weapon play, as normal for young children and acceptable within limits. Staff will judge if such play becomes hurtful or inconsiderate and will then deal with it by using the procedures outlined for dealing with inappropriate behaviour.

**Policy**

* All interactions with children will be in ways which are appropriate for the children’s ages and stages of development.
* Staff will be positive role models for behaviour.
* Play opportunities and activities will be varied and well-planned so that children are engaged and interested.
* Staff will take active steps to not label children (ie. Difficult, naughty) and to consider the underlying reasons for behaviour.
* Staff will work as a team by discussing incidents and resolving to act collectively and consistently.
* Staff will ensure that the individual child feels valued and respected at all times.
* Staff will take positive steps to avoid a situation in which children receive attention for undesirable behaviour.
* Staff will encourage children to express their strong feelings without physical or verbal aggression.
* Staff will support children to manage behaviour themselves by helping them find solutions to situations and deal with their emotions appropriately, by using the principles of emotion coaching and conflict resolution (see appendix 1 attached).
* Staff will praise positive behaviours and give feedback to parents.
* Staff will only use physical restraint (see policy on physical restraint), such as holding, to prevent physical injury to others and/or serious damage to property.
* Staff will not shout or raise their voices in a threatening way.
* Named members of staff will be responsible for behaviour management.

**The nominated persons responsible for behaviour management are the manager, Liz Tomlinson, deputy manager, Jo Ball, and the Early Years Teacher, Tanya Bashford.**

* These staff members will keep up to date with legislation.
* Research current behaviour management practices, where appropriate.
* Identify additional behaviour management strategies for children with additional needs.
* Access other agencies, where necessary.
* Provide support to staff around behaviour management issues.
* Ensure they and other staff have relevant up to date training and that they record details of this.

**Procedures for Dealing with Inappropriate Behaviour**

In situations that require adult intervention, staff will remain calm and consider the most appropriate response, dependent on what led up to the behaviour and also the age and level of understanding of the child. Staff should:

* Stop hurtful or disruptive behaviour at once.
* Acknowledge children’s feeling whilst explaining why their behaviour was not acceptable.
* child may be moved to our calming space, (with another adult)in room 2, to enable the child to regain control of their emotions.
* If physical contact is necessary, the adult will keep their body language calm, acknowledge feelings and explain their actions e.g. “I need to hold you/lift you up to keep everyone safe”. When the child is calm explanations can be given as to why their behaviour was not acceptable.

**Very Young Children**

The strategies for dealing with children under three or with SEND issues, may differ from those for aged over three. When very young children show inconsiderate behaviour, such as tantrums and biting, staff will:

* Remain calm and patient
* Offer comfort to intense emotions and try to calm children through holding and cuddling.

**Recurring Inappropriate Behaviour**

Where inappropriate behaviour is ongoing, staff will:

* Try to find if there is an underlying cause
* Liaise with parents/carers and the SENCO.
* Work with the child’s parents/carers to develop and implement an action plan where manageable targets will be set and regularly reviewed.
* Contact other professionals, such as the Area SENCO, for support and information.

**Procedure for Promoting Positive Behaviour**

* Draw up a clear and simple code of behaviour for children.
* This will include: be kind, be careful, be safe, you must not hurt anybody.
* Give attention for positive behaviour when the child does not seek it.
* Acknowledge considerate behaviour such as kindness and willingness to share.
* Acknowledge children’s efforts as well as achievements.
* To consistently apply the principles of emotion coaching with the children; empathising with and validating children’s feelings, setting limits and problem solving together. ( See appendix 1 attached).

**Recording**

Serious behaviour management issues will be recorded on an incident record. The record will be written in a non-judgemental manner, be confidential, accurate and signed by the member of staff involved and a second member of staff who witnessed the incident. If strong physical intervention has been used, an incident record must be completed in detail and the parent/carer needs to be informed on the same day. Staff will also ensure it covers any observed triggers: others involved; witnesses; type of physical intervention used; for how long and to what force. Any injuries obtained by children or staff as a result of physical intervention will also be recorded in the accident book.

**Reviewed and revised: January 2021**

**Signed: Liz Tomlinson (manager)**

**Date of next review: february 2022**

**PLEASE READ APPENDIX BELOW (scroll down to second sheet)**

**APPENDIX 1 PRINCIPLES OF EMOTION COACHING**

Emotion coaching is a strategy to help generate nurturing relationships, to help promote emotional and behavioural self-regulation. It is a valuable tool for supporting children’s behaviour and harnesses well-being for both adults and children. It focuses on the emotional and social causes of difficult to manage behaviour and proactively teaches social and emotional competency.

It is essentially comprised of two key elements – **empathy** and **guidance.** The circumstances might also require setting limits on appropriate behaviour and possible consequential action, however key to this process is guidance: engagement with the child in problem solving in order to support children’s ability to learn to self-regulate and to seek alternative courses of action.

The following steps are a helpful guide when an “emotional moment” occurs with a child.

**Step 1** - Recognising, empathising, validating and labelling feelings.

**Step 2 -** Limit setting.

**Step 3 -** Problem solving (often using Conflict Resolution Steps – outlined below).

**CONFLICT RESOLUTION STEPS**

1. **When children are using hurtful behaviour approach quickly and calmly stopping any hurting** – consider your body and facial language, put yourself in-between children, firm voice (not angry) “stop” – “no hurting”.
2. **Acknowledge the children’s feelings** - “you look sad/cross/scared” – let the other child know how each might be feeling.
3. **Gather information** – “what happened” – ask each child (if very young then tell them what you saw e.g. “Thomas was playing with the train, Ethan wants the train, Thomas you were hurt on the head, Thomas is hurting”).
4. **Restate the problem** – repeat and clarify the events avoiding laying blame e.g. you were hit and that hurt you, you want the train….
5. **Ask for ideas for solutions and choose one together** – e.g. sharing, waiting for a turn, using a kitchen timer for turn-taking, finding another toy the same, (again if the children are younger you will need to suggest some options).
6. **Give follow up support** – praise positive behaviour – be specific – “You’re sharing well”, “You both look happy now”. Give a reminder of the solution if needed. Do not expect children to be able to play positively for long periods of time without support. They need you to help them to learn this way of playing. This needs to be repeated and repeated over time in a positive way.